



SUMMER/FALL 2025

THE 150 KING WEST CONNECTION

SUSTAINABILITY CORNER

FITWEL 2-STAR RATING

TENANT HEALTH & WELL-BEING



This certification honors 150 King West's innovative commitment to occupant health and well-being. The rating recognizes its health-promoting design and management supporting tenants' physical, mental, and social health.

Fitwel, the leading certification system for building health, is driven by insights from over 5,600 academic studies. It envisions a future where all buildings enhance health and well-being.

Learn more at www.fitwel.org.

WELCOME NEW TENANTS

NETZERO

DECARBONIZATION & ELECTRICAL WORK



Introducing the NetZero initiative at 150 King St West, which focuses on reducing and maintaining our carbon footprint.

This project will begin this fall, with more information to follow.



THE 150 KING WEST CONNECTION

COMMUNITY HIGHLIGHTS

THANK YOU TO OUR TENANTS FOR MAKING THIS SEASON ONE TO REMEMBER!

TENANT APPRECIATION BBQ - A GREAT SUCCESS!



We fired up the grill and had a wonderful time with delicious food, sunny weather, catchy tunes, and great company!



Thank you to participating tenants for a smooth evacuation.



SAFETY FIRST - FIRE DRILL RECAP



A special shout out to our Fire Wardens, who showed excellent leadership from start to finish!



Ice cream in the lobby - safety never tasted so sweet!

THE 150 KING WEST CONNECTION

COMMUNITY HIGHLIGHTS - CONTINUED

OUR ROOFTOP GARDEN WAS THE GIFT THAT KEPT ON GIVING!



ROOFTOP GARDEN TOUR AND Q&A



Tenants were thrilled to ask our gardener questions and receive delicious goodies during the Microhabitat Garden Visit on September 9th!



FROM ROOFTOP TO LOBBY



Fresh, colourful produce from our rooftop garden was shared with tenants this season!



THE 150 KING WEST CONNECTION



FALL FLOWER SALE

#FILLTHEFRIDGE: FEED THE NATION

Join us on September 24th, 2025, at the lobby of 150 King West for a heartwarming initiative—#FilltheFridge.

This effort supports Food Banks Canada, an organization dedicated to helping the millions who rely on food banks each month. Over 2 million people visit food banks monthly, marking a staggering 90% increase since 2019.

Help us make a difference by donating \$15 and receiving a beautiful bouquet of sunflowers.

Simply scan the QR code below to participate. Together, we can work towards a future where no one goes hungry.

For more information about Food Banks Canada and their mission, please visit their website: foodbankscanada.ca

**Donate \$15 for a
bouquet of sunflowers**

FUND ALLOCATION:
Food Banks Canada

SELECT PROPERTY:
ON - 150 King St W



TENANT PERKS



NEW EQUIPMENT ALERT: CHANGE THE WAY YOU RUN!

TECHNOGYM RUN EXCITE LIVE 5000 TREADMILL

- Experience the ultimate workout with our advanced treadmill.
- Boost your routine with:
 - Guided sessions
 - Virtual outdoor routes
 - Personalized training on a 22" HD screen
- Enjoy a wide, comfy running surface.
- Adjust speed and incline with ease.
- Stay safe with the safety-in-motion light.
- Connect your SmartWatch for easy tracking.
- Charge your phone during your workout.
- Join us for this cutting-edge fitness experience!

Questions about our Wellness Facility and membership? Contact Property Management at 150kingwest@bgo.com or (416) 977-4397.

FOR MORE INFORMATION, VISIT 150KINGWEST.CA

MANAGEMENT TEAM

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