



SPRING/SUMMER 2024

THE 150 KING WEST CONNECTION

SUSTAINABILITY CORNER

NET ZERO INITIATIVE - COMING SOON



Net Zero involves balancing emissions to achieve equilibrium between those produced and removed from the atmosphere, aiding in the fight against climate change. Emissions from human and industrial activities are trapped in the atmosphere, leading to global warming and changes in weather patterns.

Real estate contributes to 40% of global emissions. By integrating energy efficiency, renewable energy, and carbon offsets, net zero buildings can significantly lessen their environmental footprint.

Exciting news! 150 King West will soon adopt net zero practices, enhancing energy efficiency, incorporating renewable energy sources, and utilizing carbon offsets. This effort aims to create a healthier living environment for tenants, potential cost savings, and a positive environmental impact.

Stay tuned for more updates on our journey towards achieving sustainability and contributing to a greener future!



MICROHABITAT ROOFTOP GARDEN VISIT

Join us on July 10th, 2024, at 12:30PM for an exclusive tour of our Microhabitat rooftop farm at 150 King West. Enjoy a tasting of over 30 varieties of vegetables and herbs cultivated in our urban garden, and learn about the ecological benefits of urban farming and its positive impact on our community.

To register, contact the Property Management Team at 150kingwest@bgo.com or 416-977-4397. Space is limited to 30 participants, so sign up quickly to secure your spot!



ANNUAL TENANT SUMMER BBQ

"PICNIC IN THE CITY"



150 King West is excited to celebrate our annual summer barbecue with you on **August 28th, 2024!** Join us for delicious food, entertainment, and plenty of opportunities to socialize with fellow tenants, both familiar and new.

Further details will be shared closer to the date. Stay tuned!

A WARM WELCOME TO OUR NEW
TENANT



THE 150 KING WEST CONNECTION

SPECIAL FEATURE: ART IN THE LOBBY WITH **helloart**

CURRENT EXHIBIT: THE 150TH ONTARIO SOCIETY OF ARTISTS OPEN JURIED EXHIBITION

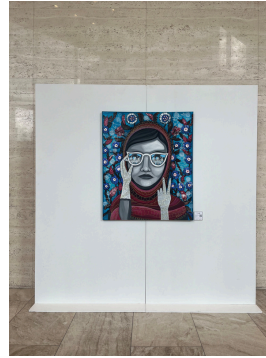
JUNE 1ST TO JULY 31ST, 2024



The 150th Ontario Society of Artists (OSA) Open Juried Exhibition showcases the work of artists from across Canada. Thirty three artists' works were chosen from more than 700 entries by jurors, including paintings and sculptures from some of the most accomplished artists in the country. We are so proud to have partnered with the OSA and helloart to bring this exhibition to our building.

The OSA is Canada's largest running art society, with their roster including many famous contemporary and historic Canadian artists. You can learn more about the OSA at ontariosocietyofartists.org.

Most of the artwork in the exhibit is for sale, and QR codes on each will take you to helloart, where you can learn more about the artist and how to purchase their work.



PAST EXHIBIT: DIANA ROSA & KATERINA BOHAC

Many visitors and tenants took in the remarkable pieces by local artists Diana Rosa and Katerina Bohac, displayed in the lobby until May 31st, 2024.

Our building environment was certainly enriched as the captivating art engaged viewers and fostered thoughtful dialogue and community connections.

For more of a recap, you can visit <https://bgo.com/bgo-multimedia/bgo-properties-collaborates-with-helloart-at-150-king-west>



UPCOMING EXHIBIT:

JULY/AUGUST 2024

Keep your eyes open for more information on the upcoming art exhibit coming to the lobby this summer.

Get ready to enjoy some more art!

**COMING
SOON**

TENANT PERKS



WELLNESS & AMENITIES

NEW LUNCHTIME CLASS ADDED: HIIT W/ SARAH

Get ready to sweat! Join us each Tuesday at noon for high-intensity Interval training (HIIT) sessions with our experienced Instructor, Sarah. Don't miss this chance to boost your fitness and energy levels!

Our 45-minute fitness classes are complimentary with your annual Wellness @ Work membership, and vary from yoga to cycling to boxing to HIIT to pilates! The sessions are led by certified Instructors and are suitable for all skill levels.

You can find the class schedule posted in our elevator lobbies, or on our website at <https://150kingwest.ca/amenities/>

For more details about our Wellness @ Work facility at 150 King West, please contact us at 150kingwest@bgo.com or visit our website.



WIN BIG! RAFFLE FOR TFC TICKETS



Don't forget about our ongoing raffle for a chance to win tickets to a TFC game at BMO Field! Drop off your business card at the lobby desk or scan the QR code below to enter the raffle. Winners will be drawn at random and contacted before each match.



Good luck!

MANAGEMENT TEAM

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FOR MORE INFORMATION, VISIT [150KINGWEST.CA](https://150kingwest.ca)