

## FOREVERGREEN

## NEWSLETTER

OUR COMMITMENT +  
YOUR INVOLVEMENT = FOREVERGREEN

Bentall Kennedy's ForeverGreen commitments include energy efficiency and carbon emission reductions, waste diversion, water conservation, and a healthy workplace.

We have created this tenant resource to provide information and inspiration for a cleaner, greener place to work.

**Together we can be  
FOREVERGREEN.**

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#### MAKE A DIFFERENCE!

DO NOT BLOCK **AIR VENTS**

COMPLY WITH **WORKPLACE AND BUILDING SMOKING AND SCENT POLICIES.**

STORE **FOOD PROPERLY.**

AVOID BRINGING PRODUCTS INTO THE BUILDING THAT COULD RELEASE HARMFUL OR BOTHERSOME ODORS OR CONTAMINANTS.



#### TAKE IT FURTHER!

Tuesday May 6, 2014 is World Asthma Day, an annual event organized by the Global Initiative for Asthma to improve asthma awareness and care around the world.

VISIT [WWW.GINASTHMA.ORG](http://WWW.GINASTHMA.ORG) TO LEARN MORE.

#### HOW WE HELP IN OUR OFFICE PORTFOLIO WE PROVIDE:

- Regular Filter Changes
- IAQ Testing
- Hepa Filter Vacuums
- Chemical Free Cleaning

# INDOOR AIR QUALITY

WE SPEND A LOT OF OUR TIME INDOORS...  
IN FACT UP TO 90% OF OUR TIME! BUT DO YOU EVER  
THINK ABOUT POLLUTION AS A CONCERN INDOORS?

Studies conducted by the U.S. Environmental Protection Agency and others show that indoor environments can sometimes have levels of pollutants that are higher than outdoor levels. Indoor air quality is a major concern to

businesses, building managers, tenants, and employees because it can impact the health, comfort, well-being, and productivity of building occupants. Let's be smart about indoor air quality and together we can breathe easy!





### MAKE A DIFFERENCE!

TAKE PUBLIC TRANSIT SUCH AS BUS, TRAIN OR SUBWAY.

GET ACTIVE. WALKING, RUNNING OR CYCLING TO DO SOME LOCAL ERRANDS WILL REDUCE HARMFUL EMISSIONS AND IMPROVE YOUR HEALTH.

CARPOOL TO SAVE WEAR AND TEAR ON YOUR VEHICLE AND REDUCE FUEL AND PARKING COSTS.



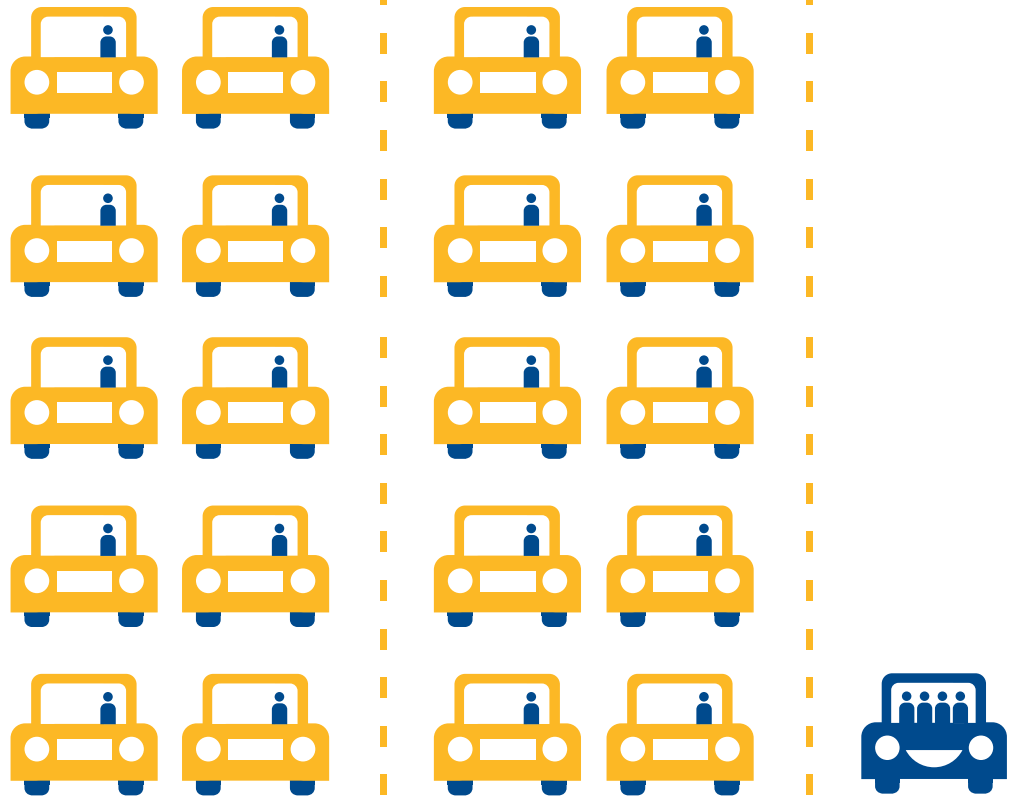
### TAKE IT FURTHER!

Show you love clean air! Participate in the Commuter Challenge this June.

TO GET INVOLVED VISIT [COMMUTERCHALLENGE.CA](http://COMMUTERCHALLENGE.CA)

### HOW WE HELP

- Implementing eco-parking at many of our properties.
- Advocating for public transit improvements.
- Encouraging participation in smart commute & clean air commute.



# SUSTAINABLE TRANSPORTATION

HOW DID YOU GET TO WORK TODAY?  
IF YOU ANSWERED PUBLIC TRANSIT, CARPOOL,  
CYCLING OR WALKING KEEP UP THE GOOD WORK!

Transportation accounts for almost half of noxious air pollution and more than a third of greenhouse gas emissions. Not surprisingly, cars are the worst offenders — they contribute the most carbon dioxide (CO<sub>2</sub>) emissions per person per kilometer. Leaving your car at

home just two days a week will reduce greenhouse gas emissions by an average of 1,600 pounds per year

**Did you know?** One fully loaded bus replaces 57 single-occupant cars on the road, while one subway train or commuter train replaces between 1,100 – 1,500 cars!



### MAKE A DIFFERENCE!

**REDUCE.** THERE ARE MANY OPPORTUNITIES TO SAVE WATER THROUGHOUT YOUR DAY. FOR EXAMPLE, DON'T LEAVE THE WATER RUNNING WHILE WASHING YOUR DISHES IN THE LUNCH ROOM AND ONLY TURN THE DISHWASHER ON FOR A FULL LOAD.

**REPAIR.** IF YOU NOTICE A PLUMBING LEAK OR DRIPPING FAUCET REPORT IT TO YOUR PROPERTY MANAGER.

**OUTDOORS.** AT HOME, ONLY WATER WHEN NEEDED AND AVOID WATERING IN THE MIDDLE OF THE DAY. BETTER YET, REPLACE GRASS WITH NATIVE PLANTS THAT ARE LOW MAINTENANCE. BY MAKING CHANGES TO OUR LANDSCAPING PRACTICES SOME BENTALL KENNEDY BUILDINGS HAVE REDUCED OUTDOOR WATER USE BY 40%+.



### TAKE IT FURTHER!

Encourage all of your staff and colleagues to use water wisely. Visit [www.wateruseitwisely.com](http://www.wateruseitwisely.com) for 100+ ways to conserve water at work and home. Just by saving a small amount of water each day, everybody can make a huge difference.



## WATER CONSERVATION

NOTICE A DRIP? PUT A STOP TO IT! A LEAK OF ONLY ONE DROP PER SECOND WASTES ABOUT 10,000 LITRES OF WATER PER YEAR!

Simply stated, water conservation means **doing the same with less**, by using water more efficiently and reducing use where appropriate, so that we may protect the resource now, and for the future.

And it's easy! With little changes to the way we do things now, or the equipment we use, we can reduce water consumption in the home, and in business, by 40% or more.



### MAKE A DIFFERENCE!

DON'T BUY WATER BOTTLES.  
TRY SOME GOOD OLD TAP  
WATER OR BUY A FILTERED  
JUG TO KEEP IN YOUR FRIDGE.

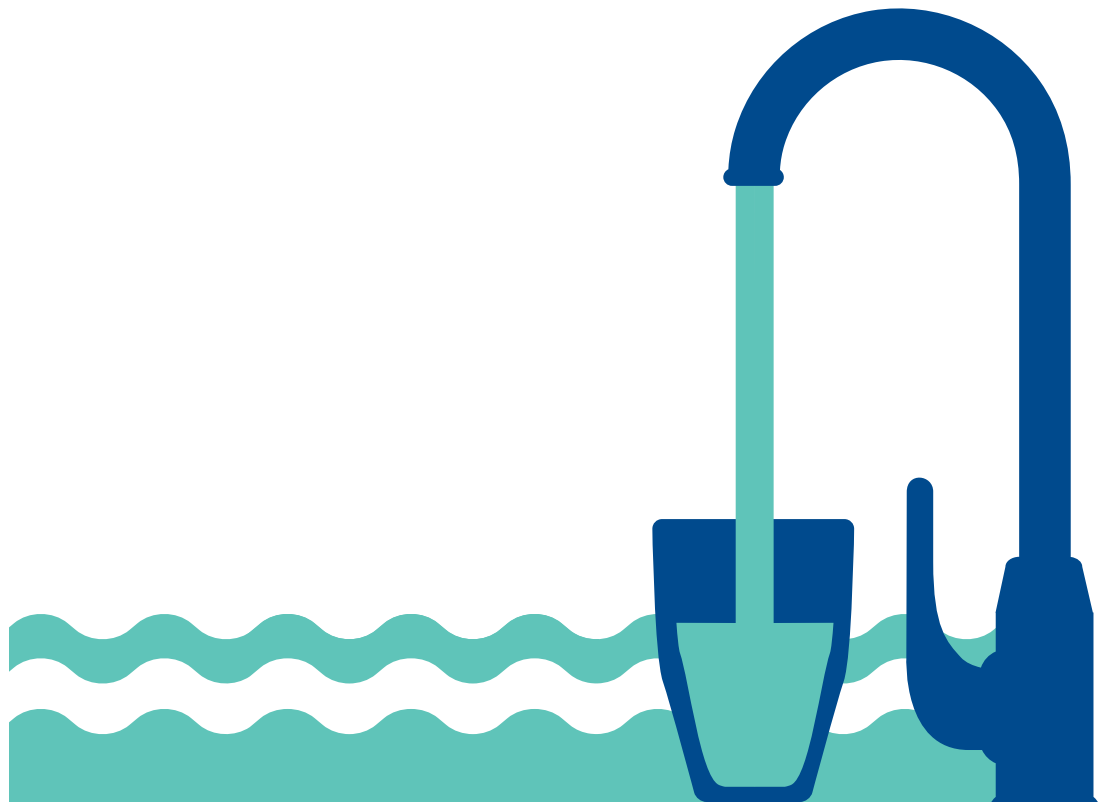
GO WITH STAINLESS STEEL.  
WHEN ON THE GO, FILL UP  
YOUR STAINLESS STEEL  
BOTTLE, A BETTER CHOICE  
BECAUSE IT WON'T LEACH ANY  
CHEMICALS.

RECYCLE. IF YOU STILL WANT  
TO USE PLASTIC WATER  
BOTTLES, MAKE SURE THAT  
THEY ARE ALL GETTING  
RECYCLED.



### TAKE IT FURTHER!

Next time you are hosting  
a meeting or event, don't  
offer bottled water. Instead  
use a pitcher and glasses  
to offer your guests a  
refreshing glass of water.



## WATER BOTTLES

WATER IS GOOD FOR YOU, SO KEEP DRINKING IT. BUT  
THINK ABOUT HOW OFTEN YOU USE PLASTIC WATER  
BOTTLES AND SEE IF YOU CAN MAKE A CHANGE.

Most North Americans are fortunate enough to have access to an abundance of clean, fresh drinking water. Tap water is the most affordable and environmentally-friendly beverage choice, but up to 20% of the North American population now gets their drinking water exclusively

from bottled sources, adding billions of bottles a year to the waste stream and only a fraction of these bottles are recycled. And the waste is only part of the problem. Imagine a bottle filled a quarter of the way up with oil. That's about how much oil was needed to produce that one bottle!

# HOW DID 150 KING WEST PERFORM IN 2013?



WASTE DIVERSION =  
82%



ELECTRICITY CONSUMPTION =  
DOWN 1.5%\*



WATER USE =  
UP 2.6%



INDOOR AIR QUALITY=  
GREEN CLEANING POLICY IN PLACE

\*2013 actual versus adjusted base year (2012).



6 years in a row, Bentall Kennedy has been recognized as an ENERGY STAR Partner for our commitment to energy management and reducing consumption.

For additional information on ForeverGreen contact your property management team at 416-977-4397 or visit [www.bkforevergreen.com](http://www.bkforevergreen.com).

Follow us on Twitter: @bkforevergreen